

Elder Services of Berkshire County - Nutrition Program

Menu subject to change without notice

**Modifications for restricted sugar available

FEBRUARY 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Roast Pork Mashed Potato Corn Bread Applesauce	2 Macaroni & Cheese Stewed Tomatoes Green Beans Bread Pudding*
5 Veal Patty Red Potatoes Winter Blend Vegetables Bread Pears	6 Minestrone Soup Lasagna Green Beans Italian Bread Pineapple	7 Baked Ham Sweet Potato Sautéed Cabbage Bread Applesauce	8 Roast Turkey Mashed Potato Winter Squash Bread Pudding*	9 Baked Chicken Almond Stuffing Spinach Bread Peaches
12 Barbecue Pork Oven Brown Potatoes Beets Bread Peaches	13 Beef Burgundy w/ Mushrooms Mashed Potato Peas Bread Pudding*	14 Meat Balls Ziti Broccoli Italian Bread Valentine Cake*	15 Lentil Soup Egg Salad Hamburger Roll Mixed Greens Apple Crisp*	16 Chicken Pot Pie Noodles Green Beans Biscuit Pineapple
19 PRESIDENT'S DAY	20 Chinese New Year Oriental Chicken Steamed Rice Oriental Vegetables Bread Pineapple Fortune Cookie	21 Baked Salmon Wild Rice Blend Spinach Bread Applesauce	22 Roast Turkey Stuffing Brussels Sprouts Bread Pears	23 Clam Chowder Tuna Noodle Casserole Stewed Tomatoes Bread Pudding*
26 Hot Dog Baked Beans Sauerkraut Hot Dog Roll Pineapple	27 Liver & Onions Red Potatoes Corn Bread Peaches	28 Breaded Pork Chop Mashed Potato Broccoli Bread Applesauce		

If you will not be home when your meal is delivered
PLEASE TELL YOUR DRIVER OR CALL 1-800-981-5201

SUGGESTED VOLUNTARY DONATION
\$2.00 PER MEAL to help defray costs